The Jefferson County Crisis Services offers a FREE, confidential, 24-hour emotional support and crisis response hotline at one, LOCAL phone number: **782-2327**.

The crisis hotline service is always available immediately, on an ongoing basis, to help people who are dealing with almost ANY type of problem, illness, trauma, or loss.

People on the other end of the line are TRAINED PROFESSIONALS who will help callers cope with their difficulties.

On this website, <u>www.jeffcocrisis.com</u>, you will find information, resources, and answers to help you take action in coping with your own crisis, or in helping your friend or family member get the assistance he or she needs in Jefferson County, New York.

This absolutely free service is a program funded by Jefferson County Community Services and administered in partnership with <u>Children's Home of Jefferson County</u>, <u>Credo Community Center</u>, <u>Transitional Living Services</u>, <u>Samaritan Medical Center</u>, <u>Carthage Area Hospital</u> and the <u>New York State Office of Mental Health</u>.

Please call 315-782-2327 for 24/7 free and confidential assistance.