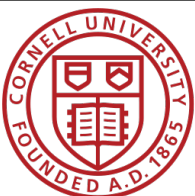
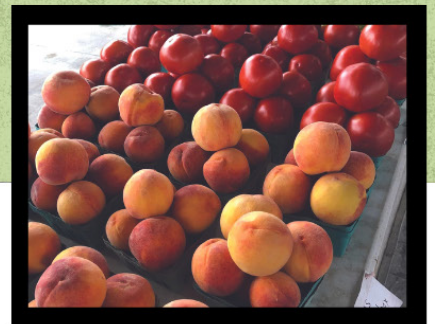
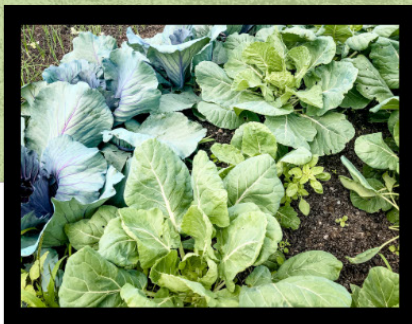




JEFFERSON COUNTY LOCAL FOOD GUIDE

2024 LOCAL FOOD - FRESH TO YOU, FAIR TO FARMERS

LOCAL FARMS - FARM STANDS - FARMERS MARKETS



Cornell Cooperative Extension of Jefferson County educates youth, families, farmers, and communities using research-based knowledge for practical application and lifelong learning.

203 N. Hamilton St.
Watertown, NY 13601
Tel: 315-788-8450 Fax: 315-788-8461
www.ccejefferson.org

Cornell Cooperative Extension | Jefferson County



Helpful Tips for Purchasing Local Foods

Respect the farmer's home.

Many farm stands are on farm property and may be close by their home. Avoid wandering as there may be delicate crops, equipment, and animals nearby.

Be prepared with cash and change.

Many farm stands are cash only and use an honor system, meaning there may not be someone available to break larger bills.

Bring your own bags.

Bring your own bags and return any reusable packaging when possible.

Check the hours beforehand.

Contact the farm in advance if you're unsure of their location or hours. Especially on Sundays, as many farmstands are closed.

Shop earlier in the day.

Shop earlier in the day for fresher produce and more variety.

Always rinse your produce.

Always rinse your produce under running water, even before sampling.



ABOUT THIS GUIDE

Check out this guide to find the freshest and tastiest food around, all grown and made by folks in our neighborhood. When you shop at these places, you're supporting our local community by keeping your money close to home. The farms and shops in this guide have told us they sell food they've grown or made themselves, often using ingredients from nearby.

Lots of the farms in this guide are certified as Organic food producers, but most of them use methods that are good for the environment. You can ask the farmers questions like "What do you put in your soil?" and "What do your animals eat?" to learn more about how each farm operates. It's all about knowing where your food comes from!

Good Reasons to Buy Food Locally









- In season produce is often cheaper.
- Eat more produce on average.
- Fresher and longer lasting produce.
- Get unique produce that is not available at grocery stores.
- Reduce your carbon footprint.
- Support small businesses!

WAYS TO BUY

-  Community Supported Agriculture
-  Farm Stand
-  Sales from Home
-  U-pick

We also list the farmers markets, retailers, and restaurants where you can find locally grown and produced foods.

PAYMENTS WELCOME

-  Cash Only, No Cards
-  Credit and Debit Cards
-  Venmo
-  Paypal
-  SNAP/EBT
-  Farmers Market Nutrition Coupons
-  CNY Health Bucks
-  Fresh Connect



Visit www.jcnlocalfoods.org for an online, interactive version of the 2024 Jefferson County Local Food Guide!

Throughout the guide you will see pictures of local farms, foods, markets, and farmers. These images were provided by Cornell Cooperative Extension employees, local farmers, and other Jefferson County community members.

JEFFERSON COUNTY FARMERS MARKETS



Reasons to Shop at a Farmers Market

Farmers markets offer a wide variety of affordable foods.

Many varieties of vegetables and fruits are simply not found anywhere but at your local farmers market.

Vegetables and fruits are the freshest at farmers markets.

They are harvested within hours of being offered to you. That is when they are at their peak for flavor and freshness, and full of vitamins and minerals that are important to keeping us healthy.

Farmers love to tell their story.

When you shop at a farmers market you have the opportunity to meet and visit with the farmers who grow your food. You can ask questions and learn about agriculture and how your food is grown and harvested.

Shopping at a farmers market is a family-friendly experience.

Support your local farming community by buying your food directly from a farmer. You are supporting a local economy when you spend your food dollars at a farmers market.

Support a more "green" environment.

The traditional meal, including meat and vegetables, travels anywhere from 1,500 - 2,400 miles to reach your plate. When you shop at a farmers market, your food comes from just a few miles away!

2024 SCHEDULE

CAPE VINCENT CAPE STREET MARKET

Every Tuesday 10 AM - 4 PM

June 4 - Sept 17

Village Green, Broadway St.



WATERTOWN FARM AND CRAFT MARKET

Every Wednesday 7 AM - 3 PM

May 22 - Oct 2

City Hall - 245 Washington St.



CLAYTON FARMERS MARKET

Every Thursday 10 AM - 4 PM

May 30 - Oct 17

Village Park Circle, Mary St.



ALEXANDRIA BAY FARMERS MARKET

Every Friday 9 AM - 3 PM

May 24 - Sept 13

Kinney Drugs Parking Area, Rte. 12

CARTHAGE FARMERS MARKET

Every Friday 10 AM - 4 PM

May 24 - Sept 27

Farmers Market Pavilion, Riverside Dr.



CHAUMONT FARMERS MARKET

Every Friday 11 AM - 5 PM

June 14 - Sept 27

Lyme Community Center, Rte. 12E



WATERTOWN SATURDAY FARMERS MARKET

Every Saturday 9 AM - 2 PM

May 18 - Oct 26

JB Wise Place Pavilion



COYOTE MOON VINEYARDS FARM & FLEA MARKET

Every Sunday 9 AM - 3 PM

June 2 - Sept 29

East Line Rd, Clayton

FOOD BENEFIT PROGRAMS

Supplemental Nutrition Assistance Program (SNAP):

SNAP/EBT is welcome at participating farmers markets to purchase as many \$1 wooden tokens as you'd like. These tokens act as cash within the market.



Tokens may be used at any market booth that displays the "Food Stamp (EBT) Tokens Accepted Here" sign. Tokens may be used to purchase fruits and vegetables, seeds and plants that grow food, breads, meat, fish, poultry, eggs, dairy products, maple and honey products, wrapped and labeled baked goods, jams, sauces, and soups. They cannot be used to purchase alcohol, tobacco products, non-food items, food meant to be eaten on-site, hot foods, vitamins, or medicines. Unused tokens may be saved for the next time you shop the market; tokens do not expire. Unused tokens may also be exchanged at the token booth for a refund back onto your SNAP/EBT card. Tokens ARE market-specific and cannot be transferred between markets as each token is labeled with the particular market it was distributed from. Individual market vendors, farm stands, and mobile markets certified to accept EBT may also accept SNAP with an EBT card reader. Look for signage identifying that EBT cards are accepted at these locations.

Farmers Market Nutrition Program (FMNP):

FMNP provides checks to women, infants and children through the Women, Infants and Children Program (WIC) and to income-eligible seniors (60 years or older) through the Commodity Supplemental Food Program (CSFP) for the purchase of locally grown, fresh, unprocessed fruits and vegetables at farmers markets, roadside stands, and mobile markets that have been approved by the state agency to accept FMNP coupons. The program runs from June 1 - November 30.

WIC participants can call their local agency to have checks mailed or to arrange pick up. Here in Jefferson County, that number is 315-782-9222.

Seniors can pick up from the Office for the Aging at the Jefferson County Office Building at 175 Arsenal St. or call 315-785-3191 for more information.

FreshConnect (FCC), CNY Health Bucks, Double Up Food Bucks (DUFB):

These programs provide additional dollars to increase the purchasing power of SNAP consumers at participating farmers markets. The FCC program and the Double up Food Bucks program encourages recipients to use their SNAP benefits at participating farmers markets. For every consumer exchange of SNAP benefits for wooden tokens, other benefit checks may be issued to be spent at the market on any SNAP eligible foods (FCC) or additional fresh fruits and vegetables (DUFB). FCC is also available to Veterans, service members, and their immediate family members. They can be picked up at the NYS Dev of Veterans Affairs office on Fort Drum and participating farmers markets. CNY Health Bucks are \$2 coupons distributed through food pantries, soup kitchens, and other anti-hunger organizations. Consumers who use SNAP benefits may also receive CNY Health Bucks to spend more on local products found at farmers markets. For more information, contact Food Bank of Central New York at 315-437-1899.

North Country Fruit & Vegetable Prescription Program (NC FVRx):

Cornell Cooperative Extension is implementing this 6-week program that provides nutrition education, healthy recipes, and \$25 worth of vouchers at each session for fresh fruits and vegetables. Those who qualify for this program are individuals at risk of, or have been diagnosed with, a diet-related chronic disease and are experiencing food insecurity. The goal of this program is to help individuals learn new, healthy ways to include more fruits and vegetables in their diet so that they can lead healthier lives. Vouchers are redeemable at participating producers and retailers. Many redemption sites are local producers found at farmers markets listed in this Local Food Guide.

Ask your health care provider for more information on how to receive a referral. Many healthcare networks in the North Country are able to write referrals for this program.

Looking for recipes and resources on preparing and eating healthy on a budget?

Contact the CCE Nutrition Department at aln48@cornell.edu or 315-788-8450 ext. 265.

LOCAL FARMS + FARM STANDS


ADAMS


Diller Farm

15107 St. Rte. 178 315-729-0918
Ralph A. Diller


vegetables, beef, eggs  Please call ahead.

Grimshaw Farm Stand

9922 Co. Rte. 152 nextgenerationcreamery.com
Patrick Grimshaw 315-486-2340 

vegetables, maple products, chicken, beef, eggs, pork, dairy products, jams  Available at Sharp's Bulk Food, Fargo's Family Market, Farm Pride, Adams Center Market, Freeway Grocery, Philly Fuels, North Country Store, and Steiner's General Store.

Sheland Farms


12043 Co. Rte. 79 dshel@frontiernet.net
Doug Shelmidine 315-846-5640 

beef  Please call ahead.

ADAMS CENTER

Tickle the Earth Farm

13501 Co. Rte. 155 CSA   
Almeda Grandjean 315-583-5660

vegetables, eggs, chicken, cherries, elderberries, pears, plums  Please call ahead.

ANTWERP

Chicory Hill Farm

35993 Spicer Rd. artticfox@yahoo.com
Allen Funk 315-804-4680

vegetables, herbs, berries, eggs    Available at Watertown Saturday Farmers Market.

CALCIUM


Five Corners Greenhouse

27516 Five Corners Rd 315-783-5600
Sam & Debbie Biondolillo 

vegetables, herbs, pumpkins 

CAPE VINCENT

Lawrence Family Farm

33020 Hell St. lawrencefarm.weebly.com  
Rick & Sheila Lawrence 315-654-3381

beef, beef snacks, pork, eggs   Please call ahead.

Available at Mirabito, Adams Cheese Store, TI Bait Store, Alex Bay Valero, Walton St Market, Dark Island Distillery, Thousand Islands Winery, Belleville Farm Pride, Aubrey's Market, Bach's Hardware, Clayton Distillery, The General Store, Steiner's General Store, Burrville Cider Mill, LaFargeville Agway.

CARTHAGE


Black Post Ranch



35619 N. Lake Rd. 315-771-7222
Roxie and Joe Lowler

beef, pork   Please call ahead.

BushGarden's

10371 NYS Rte. 26 bushgardens@live.com  

Loren & Chris Bush 315-783-8642 / 315-783-6745 

vegetables, herbs, apples, eggs, honey, maple  
Available at Watertown Farm & Craft Market.




Denmark Apple Orchard


10080 Old State Rd. 315-771-4354
denmarkappleorchard.mynny.biz

Patsy Makuch 


apples 


Sticky Dicks Honey Products

32933 Co. Rte. 143 stickydickshoneyproducts.com  
Shanie Strife 315-783-0649 

honey  Available at Watertown Farm & Craft Market, Alteri's Italian Market, An Eclectic Boutique, and more.

White Creek Gardens

32984 Co. Rte. 143 khadleyproduce@yahoo.com 
Kevin & Sandra Hadley 315-777-5394 

vegetables, herbs, berries, apples, honey, maple products  



LOCAL FARMS + FARM STANDS

CLAYTON

Bechaz Riverdale Cheese & Gelateria



37851 Deferno Rd bechazriverdalecheese.com
Jeffrey & Melinda Bechaz 315-686-5979

cheese, gelato, beef, milk Available at The Victorian, Surefine, Coyote Moon, The Gal's, TI Winery, Swan Bay Resort, Riveredge Resort, Alex Bay Valero, North Country Store, CWay Anthony's General Store, Dexter Market, The Chateau, Bellas Channelside, Tricia's Rondette, Longways, and Whitecaps.

Frontenac Crystal Springs

37095 Co. Rte. 4 frontenacwater.com
Pete Colello 315-686-4142

spring water

DEPAUVILLE

Depauville Seed Library

32333 Co. Rte. 179 315-686-3299
depauvillefreelibrary.org

heirloom/organic seeds loaned and saved, free seeds

ELLISBURG

Bear Creek Honey



12022 NY Rt. 193 glake104@gmail.com
Greg Lake 315-778-2920

honey Please call ahead.



EVANS MILLS

Country Cousins Farm



29415 Fults Rd countrycousinsfarm.com
Stanley & Sharon Horning 315-956-4394

beef, eggs, milk

Groen Family Farms



30283 Ansted Rd 603-953-4253

Ben and Ainsley Groen
apples, beef, turkey, eggs Please call ahead.
Available at Watertown Saturday Farmers Market.

Martin Road North Gardens



28483 Martin Rd. North

Bruce Johnson 315-783-9945

vegetables, herbs, nursery plants Available at Clayton Farmers Market and Carthage Farmers Markets.

Rustling Grass Farm



26474 Keyser Rd. rustlinggrassfarm.com
Mary Smith 334-464-0452

vegetables, eggs, chicken, turkey

Available at Watertown Saturday Farmers Market.

Seaway Coldhardy Grapes



29250 US Rte. 11 seawaycoldhardyberries.com
Duane Smith 315-767-5202

berries, grapes, honeyberries, figs, jams, fruiting plants Available at North Country

Welcome Center Taste NY, Watertown Saturday Farmers Market.

LOCAL FARMS + FARM STANDS

GOUVERNEUR

O&E Farm

165 Smith Rd. oandefarm.com

Morgan Leeson 315-528-3225 

vegetables, herbs, berries, grapes, eggs



Available at St. Lawrence County Farmers Markets

Certified Organic - NOFA-NY



HENDERSON

Gerni Farms



2726 NYS Rte. 3 Patrica Campaney-Lavancha

315-816-2697; Sean Gerni 315-408-7987

vegetables, beef, chicken, eggs  

North Branch Farms



7759 Lake Rd northbranchfarms@frontiernet.net

Canzonier Family 315-523-0760 

sweet corn, u-pick pumpkins   

Windswept Apiary



11531 Windswept Circle edkimfill@gmail.com

Edward and Kimberly Fillingham 315-408-4005

raw honey   Please call ahead. Available at

Watertown Farm and Craft Market

LAFARGEVILLE

Baty Farm



30820 NYS Rte. 180 tnlbaty@gmail.com

Tim Baty 850-603-3711

vegetables  Certified Organic NOFA-NY

Farmers Wife Creations and Greenhouse



19355 Co. Rt. 12 Sheri Strock 315-523-0405 

vegetables, berries, apples, maple products,

chicken, beef, eggs, pumpkins, jams   

Please call ahead. Available at Clayton Farmers Market, Chaumont Farmers Market, Cape Vincent Farmers Market.



MANNSVILLE

Bart's Apples



2125 NYS Rte. 3 lbartoszewski@hotmail.com

Laurie & Dave Bartoszewski 315-777-1532

apples, cider  

Available at Watertown Saturday Farmers Market.

Jones Apple Farm



2186 NYS Rte. 3 sljones@frontiernet.net

Stephen Jones 315-846-5361


apples, grape juice  

NATURAL BRIDGE



Cogumelo Mushrooms



4090 Factory Rd cogumelomushrooms.com

Liam Carney 315-771-0650 

mushrooms, vegetables, turkey, chicken, quail eggs

  Available at Watertown Saturday Farmers Market, Watertown Farm and Craft Market and Hunner's Market.

PHILADELPHIA

Farm Fresh Produce



31495 Co. Rte. 20 Amos Gingerich

vegetables, berries, eggs, pumpkins, jam 

Slabaugh Farm Stand



31669 St. Rte. 26 Harvey D. Slabaugh

vegetables, berries, honey, maple products, chicken,

lamb, eggs, jams baked goods  Available at Evans Mills Walmart parking lot every Saturday.

Millers Produce



31823 Co. Rte. 20 John Miller

vegetables, strawberries, berries, eggs 

Walnut Grove Apiaries



36849 Ore Bed Rd 315-921-5211 

Ron Lauff walnutgroveapiaries@gmail.com

honey  Available at Watertown Saturday Farmers Market.

LOCAL FARMS + FARM STANDS

REDWOOD

St Lawrence River Valley Growers



22500 Bear Creek Rd.
Jamie Parker 315-486-4084

garlic, vegetables Please call ahead.

Available at Watertown Saturday Farmers Market.

RODMAN

EuroFarm



20932 Co. Rt. 69 315-748-1231
Matthew Thomas

vegetables, chicken, pork

Available at Saturday Watertown Farmers Market.

Lucki7 Livestock Co.



20562 Co. Rte. 69 CSA: L7 Livestock
Stephen & Lisa Winkler 315-767-6809

beef, chicken, pork, lamb

Please call ahead. Available at The Chateau, Whole Foods, Wegmans, and Garland City.

Schrader Farm



22657 Williams Rd CSA: Miracles by the Acre
Janet Schrader 315-232-3786

vegetables, lamb Please call ahead for lamb.

Timmy Crack Corn

10947 Lowe Rd trhannon400@yahoo.com
Robin Hannon 315-232-2032

baked goods, maple products, jams

Available at Watertown Farm & Craft Market.

SACKETS HARBOR

Northern Lights Nursery



18020 Co. Rte. 75 northernlightsny@yahoo.com
Gary Falk 315-777-2450

vegetables, herbs, berries Available at

Watertown Farm & Craft Market and Watertown Saturday Farmers Market.

Old McDonald's Farm



14369 Co. Rte. 145 oldmcdonaldhasafarm.com
Julia Ledoux 315-583-5737

sweet corn, strawberries, pumpkins, ice cream

THERESA

LM Farm



32167 Rte. 46 315-329-1190
Lamar Miller

vegetables, garlic, turkey, rabbits, chicken, eggs, pork

Please call ahead. Available at Martin's Greenhouse.

Joseph Swartzentruber



36920 Co. Rte. 22 Joseph Swartzentruber

vegetables, berries, eggs

THREE MILE BAY

Luff Farms



21272 S. Shore Rd lufffarms.com
Kurt & Lori Lanning 315-649-2985

vegetables, berries, garlic powder, other spices

Available at Hunner's Market, 315 Artisan Market.




LOCAL FARMS + FARM STANDS


WATERTOWN

Beese Apiaries

26246 Cramer Rd beeseapiaries@yahoo.com
John & Rebeka Beese 315-767-1851


honey  Please call ahead. Available at Beese's Depot Cafe, Burrville Cider Mill, Steiner's General Store, The Cheese Store of NNY, and Adams Cheese Shop.

Churchill Farms Honey

18161 Co. Rte. 156 rolly@twcny.rr.com
Rolly Churchill 315-788-8139 



honey, maple products   Available at North Country Welcome Center Taste NY.

Farm Fresh Produce


17164 Archer Road Henry M. Stoltzfus
vegetables, berries, apples, honey, maple, cherries, peaches, chicken  Available at Nolts Country Store.


Hawk and Crow Acres

16475 Parker Rd. dawncnier@gmail.com
Dawn Nier 315-396-5355 


vegetables, berries, apples, eggs   Please call ahead. Available at Watertown Saturday Farmers Market.

JB Acres

26000 St. Rte. 283 babcock1972@yahoo.com
James Babcock 315-681-7273 

vegetables, herbs, maple, turkey, eggs, chicken  Available at Asian Market and Chaumont Country Store.


The Madison Aviary

23216 Gardner Dr. melissa.thomas03@gmail.com
Melissa Thomas 315-955-9376 

herbs, eggs, duck eggs  Please call ahead. Available at Watertown Saturday Farmers Market.


Massey Ranch

20605 Combs Rd masseyranch.com
Shawn & Meghan Massey 315-783-5939 

maple products, honey   

Available at Massey's Furniture Barn, Crosstown Julie Brown Re-Market, and Hannaford.


Northrop Farms

30058 St. Rte. 180 northropfarms.com
Jon & Jen Northrop 315-771-4395 

vegetables, herbs, beef, lamb, pork, eggs   


Available at Watertown Saturday Farmers Market, Mustard Seed, Hunner's Market, and 1000 Islands Cheese.




Rock and Jam

20054 Reasoner Rd rockandjam.webs.com
Yvonne Youngs 315-777-3203 

jams, jellies, honey  Please call ahead. Available at North Country Welcome Center Taste NY, State Street Market, 1000 Islands Cruet, Chaumont Country Store, Shedlight Organics, An Eclectic Boutique, NNY Windy Acres Nursery, The Cheese Store of NNY, Watertown Farm & Craft Market.

Wind Swept Meadows Farm



17025 Co. Rte. 68 CSA: Miracles by the Acre
keeneywindsweptmeadowfarm.com
Delta & Thomas Keeney 315-788-1933 

vegetables, herbs, baked goods, berries, beef, turkey, chicken, pork, eggs, cut flowers   

WELLESLEY ISLAND

Cross Island Farms

44301 Cross Island Rd crossislandfarms.com
Dani Baker & David Belding 315-482-3663 

vegetables, herbs, U-pick berries, grapes, beef, eggs, goat, jams, guide book to edible plants  

Please call ahead. Available at Hunner's Market, The Guzzle, and North Country Welcome Center Taste NY.

NOFA-NY Certified Organic

WORTH

Worth Gold Farm

8061 Co. Rte. 95 worthgoldfarm.org 
Shawn and Christina Chamberlain 315-408-1088

vegetables, beef, turkey, chicken, eggs, pork, maple

Available at Watertown Farm & Craft Market. 





RETAIL STORES, RESTAURANTS, CRAFT BEVERAGE PRODUCERS

ADAMS


Adams Cheese Shop

19 Main St. adamscheese.shop 315-216-7853 
honey, maple products, cheese, beef, apple cider,
gelato, Croghan bologna 

Adams Center Market


13306 North St. 315-284-4114 
honey, maple products, dairy products, fresh
vegetables, baked goods, jams, cider, coffee 

Beese's Depot Café

13449 Depot St. 315-284-4062 
honey, maple products, baked goods, milk


ALEXANDRIA BAY

Taste NY at the North Country Welcome Center

43350 Collins Landing Rd 315-215-4187 
honey, maple products, cheese, milk, yogurt, snacks,
chocolate, ice cream sandwiches, soup, coffee, tea,


BLACK RIVER

Busted Grapes Winery


19557 Ball Rd bustedgrapeswine.com
315-777-0932 
wine, grapes, beer, spirits, apples, berries, maple

CAPE VINCENT

The Cape Winery

2066 Deerlick Rd thecapewinery.com
315-654-3218 
wine, vegetables, honey, maple products, beef

White Caps Winery


11544 Co Rte. 125 whitecapswinery.com
315-649-2400 
wine, beer, spirits, cheese, grapes

CLAYTON


1000 Islands River Rat Cheese Store

242 James St. riverratcheese.net
315-686-2480 
cheese, honey, maple products, pork, beef, fish


Clayton Distillery

40164 NYS Rte. 12 claytondistillery.com
315-285-5004 
spirits, maple products, beef


Coyote Moon Vineyards

17371 East Line Rd coyotemoonvineyards.com
315-686-5600 
wine, beer, spirits, maple products, grapes, cheese

Hunner's Market


720 James St. hunnersmarket.com 315-263-4245
vegetables, herbs, berries, apples, honey, beef, dairy
products, grapes, lamb, turkey, chicken, eggs, pork,
maple products 

The Hops Spot

507 Riverside Dr. thehopsspotclayton.com
315-686-2337 
beef, beer

PHILADELPHIA

Otter Creek Winery

33109 Rudes Rd ottercreekwinery.com
315-642-0622 
wine, grapes, honey, maple products, cheese, spirits

SACKETS HARBOR

Chrissy Beanz Bakery


105 W. Main St. chrissybeanz.com 315-646-2330 
honey, coffee, baked goods



RETAIL STORES, RESTAURANTS, CRAFT BEVERAGE PRODUCERS


WATERTOWN

Alteri's Italian-American Market

948 Bradley St. alteris.market@gmail.com
315-782-7323 


honey, maple, sausage, beef, pork, baked goods, 

Burrville Cider Mill

18176 Co Rte. 156 burrvillecidermill.com
315-788-7292 


apples, honey, cheese, maple products, baked goods

Chrissy Beanz Bakery

1316 Washington St. chrissybeanz.com
315-803-1316 


honey, coffee, baked goods

Crosstown Julie Brown ReMarket

1314 Washington St. crosstownjbr.com
315-740-8715 

honey, maple products

State Street Market

454 State St. 315-727-9348 

honey, maple products, eggs, cheese, spices

Steiner's General Store

25511 St. Rt. 12 315-788-3272


beef, goat, pork, honey, maple products, cider, fresh
vegetables, cheese curd, dairy products 

The Cheese Store of NNY

19401 St. Rt. 3 thecheesestorennny.com
315-788-1122 


honey, maple, cheese, beef, turkey, chicken, pork,
eggs, dairy, breads, jams 

The Hops Spot

133 N Massey St. thewatertownhopsspot.com
315-788-2337 

beef, beer

The Mustard Seed

969 Arsenal St. themustardseedonline.com
315-788-2463 

vegetables, herbs, honey, maple products, cheese,
beef, eggs, baked goods 

TASTE NY STORE

Taste NY, an initiative that began in 2013, shines a spotlight on the culinary delights of New York. Spearheaded by the NYS Department of Agriculture and Markets, it provides a platform for local producers to flaunt their goods, notably at prominent events like the Great New York State Fair.

In Jefferson County, Taste NY has two locations: the North Country Welcome Center and the Fort Drum Post Exchange. Here, you'll discover an array of value-added food products from ultra-local businesses committed to sourcing ingredients New York State. But what exactly are value-added food products? Think of them as culinary transformations—items like chopped lettuce, freeze-dried soup kits, pickles, salsa, and even piping hot prepared meals.

To ensure these foods are crafted with utmost care, New York State mandates that they're produced or manufactured in a certified 20-C kitchen space. This specialized kitchen undergoes inspection and licensing to guarantee the safety of the food sold within its walls.

Many of the producers featured in our Local Food Guide have established their own licensed 20-C kitchens, either within their homes or on their properties. Alternatively, some opt to rent public spaces specifically designed for such culinary endeavors. To find out more information on available options for 20-C licensed kitchens, call Cornell Cooperative Extension of Jefferson County.



2024 LOCAL FOOD GUIDE SPONSORS

This Local Food Guide was produced as a public service with funding from the sponsors listed on this page.



Watertown Savings Bank



Jefferson County's
MORTGAGE LEADER
(315) 788-7100



- Tourism Information staff
- Themed play area
- Free Wi-Fi
- Electric car charging stations
- Animal comfort area
- Indoor and outdoor seating



The Welcome Center also features a Taste NY Market that showcases a broad selection of freshly made items from New York State producers:

- Locally roasted coffee
- Soups, salads, sandwiches
- Assorted chips, nuts, snacks
- Milk, yogurt, cheese, ice cream
- Baked goods
- Various maple & honey products
- Regional artisan gifts
- 24-7 Taste NY vending

LOCATED JUST OFF I-81

43350 Collins Landing Road, Alexandria Bay, NY
(315) 215-4187



taste.ny.gov/NorthCountryWelcomeCenter



Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities. Contact the Cornell Cooperative Extension of Jefferson County office if you require an accommodation.



Jefferson County Economic Development

Grow Your Agricultural Business in Jefferson County!

We assist in the retention, growth, and promotion of Jefferson County's agricultural industry. Contact us if you have questions on programs available to help you start up or expand your operation.
315-782-5865 x 232

Visit www.comefarmwithus.com for an interactive map of food production.



Tune in to New York's agricultural talk radio show, The Home Grown Show, every Saturday morning at 6 am on AM 790 WTNY or watch and listen on Mondays at 9 am at www.gnuvisions.com.

Follow us on Facebook at Jefferson County Agricultural Economic Development or on Twitter at @Jeffersonagdev.

TO BE LISTED NEXT YEAR

To have your farm or business listed in next year's Local Food Guide, or to tell us about someone else who should be included, please contact:

Lindsey Promitas

Cornell Cooperative Extension of
Jefferson County
lrp78@cornell.edu
or by phone at
315-788-8450 ext. 248