



# 4-H Hiking Challenge!



**Cornell Cooperative Extension**  
Jefferson County



*Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.*



## Rules

1. Open to all Jefferson County 4-H Members and Cloverbuds.
2. Complete each scavenger hunt to the best of your ability. Aim to find at least 2 items on each list.
3. Once the hike is completed, email a picture from your hike to Sam Hollister, 4-H Program Educator, at [sh2498@cornell.edu](mailto:sh2498@cornell.edu) to show that you completed it!
4. **All of these hikes can be modified to a shorter distance.** You do not have to complete the entire hike. Feel free to reach out to Sam for suggestions!
5. All pictures must be emailed to Sam by August 28, 2020. Prizes will be mailed after that date.
6. Prizes:
  1. Complete at least 2 hikes to receive a 4-H Hiking Challenge Sticker.
  2. Complete all 4 hikes to receive a 4-H Hiking Challenge Sticker and a 4-H Hiking Challenge T-shirt.



# 4-H's Favorite Hiking Trails



When hiking, always...

1. Wear sturdy hiking shoes or boots
2. Carry food and water
3. Bring insect repellent and sunscreen
4. Bring a map and have a plan
5. Tell someone where you are going and when you plan to be back



## Robert Wehle State Park

Snakefoot Trail—4.9 miles

<https://parks.ny.gov/parks/137/hunting.aspx>



## Tug Hill State Forest

Oak Rim Trail—3.1 miles

<https://www.alltrails.com/trail/us/new-york/oak-rim-trail>



## Wellesley Island State Park

River Trail and Middle Trail Loop—2.3 miles

<https://parks.ny.gov/parks/wellesleyisland/amenities.aspx>



## Whetstone Gulf State Park

North and South Rim Gorge Trail—5.3 miles

<https://parks.ny.gov/parks/92/details.aspx>



# Robert Wehle State Park



Snakefoot Trail—4.9 miles

<https://parks.ny.gov/parks/137/hunting.aspx>



See if you can find...

A statue of an Elhew Pointer Dog

A cedar tree

A view of Lake Ontario

A bird singing—can you tell what kind?

Pale Swallow-Wort



# Tug Hill State Forest



Oak Rim Trail—3.1 miles

<https://www.alltrails.com/trail/us/new-york/oak-rim-trail>



See if you can find...

A view of a river down below

An oak tree

A creek you cross over

A bird singing—can you tell what kind?

Macroinvertebrates in a stream (hint—pick up a rock!)



# Wellesley Island State Park



River Trail and Middle Trail Loop—2.3 miles

<https://parks.ny.gov/parks/wellesleyisland/amenities.aspx>



See if you can find...

- A glacial pothole
- An epic view of the St. Lawrence River
- A chipmunk
- A bird singing—can you tell what kind?
- A house on its own island



# Whetstone Gulf State Park



North and South Rim Gorge Trail—5.3 miles

<https://parks.ny.gov/parks/92/details.aspx>



See if you can find...

- Scat—what animal is it from?
- Shale
- A view of a river in the gorge
- A bird singing—can you tell what kind?
- A deck with a view (observation tower trail)